



RELAXATION & NAIL CARE

BODY RELAXATION

Tech Neck	R190	15 min
Back Neck and Shoulder Massage	R400	30 min
Back of Body Massage	R500	45 min
Full Body Massage	R650	60 min
Pressure Point Scalp & Neck Massage	R290	20 min
Aromatherapy Upgrade	R80	

HANDS - NATURAL NAIL CARE

Express Manicure	R250	20 min
Classic Manicure	R370	60 min
EVO Gel Overlay	R420	60 min
EVO Gel Manicure	R460	75 min
Gel Soak off Add-on	R115	25 min
Gel Soak off Standalone	R290	45 min
Mani-Plus (Add-on): Sugar Scrub/Mask	R90	

FEET - PEDICURE

Express Pedicure	R280	30 min
Classic Pedicure	R420	60 min
EVO Gel Overlay	R420	60 min
EVO Gel Pedicure	R490	75 min
Pedi-Plus: Dry Skin Removal Treatment	R190	20 min
Pedi-Plus: Sugar Scrub/Hydrating Mask	R90	10 min



The Woodmill Centre, Shop 6C, Stellenbosch



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OUR TECHNOLOGY



Advanced treatment systems at Hart Skin and Body



ENDERMOLOGIE BODY

This non-invasive treatment uses a motorized roller and gentle suction to deeply massage the skin and underlying tissues. It stimulates circulation, lymphatic drainage, collagen and elastin activity to reduce cellulite, tighten skin, and improve tone and contour.



ENDERMOLOGIE FACE

A specialised non-invasive treatment using patented LPG technology and rhythmic micro-pulsations to stimulate deeper layers of the skin. It supports circulation, lymphatic drainage, collagen and elastin activity for a fresher, more sculpted appearance.



ARCTIC BLAZE DIODE HAIR REMOVAL LASER

An advanced 4-wavelength system (755nm, 808nm, 940nm, and 1064nm) that targets hair at multiple depths for superior long-lasting results. Integrated cooling keeps the treatment comfortable on all skin types.



BBL THERAPY

An advanced broadband light treatment that targets pigmentation, redness, and early signs of ageing while stimulating collagen production for a clearer, brighter, more youthful-looking complexion with minimal downtime.



DREAMWEIGH

A salon-grade body wrap treatment featuring MeltAway cream, formulated by Dr. John Savas, designed to support fat cell breakdown, instant centimeter loss, smoother skin, and reduced cellulite without dehydration.



SPICULE BASED THERAPY

A clinical-grade liquid microneedling concept using bioactive spicules to boost collagen, speed cell turnover, and enhance product absorption by up to 3,000%. Ideal for acne, scarring, pigmentation, wrinkles, and laxity.



JET PLASMA

Advanced skin rejuvenation technology for anti-ageing and mild skin tightening on the face, neck and décolleté. No downtime, no heat, no numbing, and no discomfort.



THREAD VEIN / SKIN LESION REMOVAL

Thermocoagulation uses refined high-frequency technology to treat unwanted skin imperfections and different types of lesions with precision.



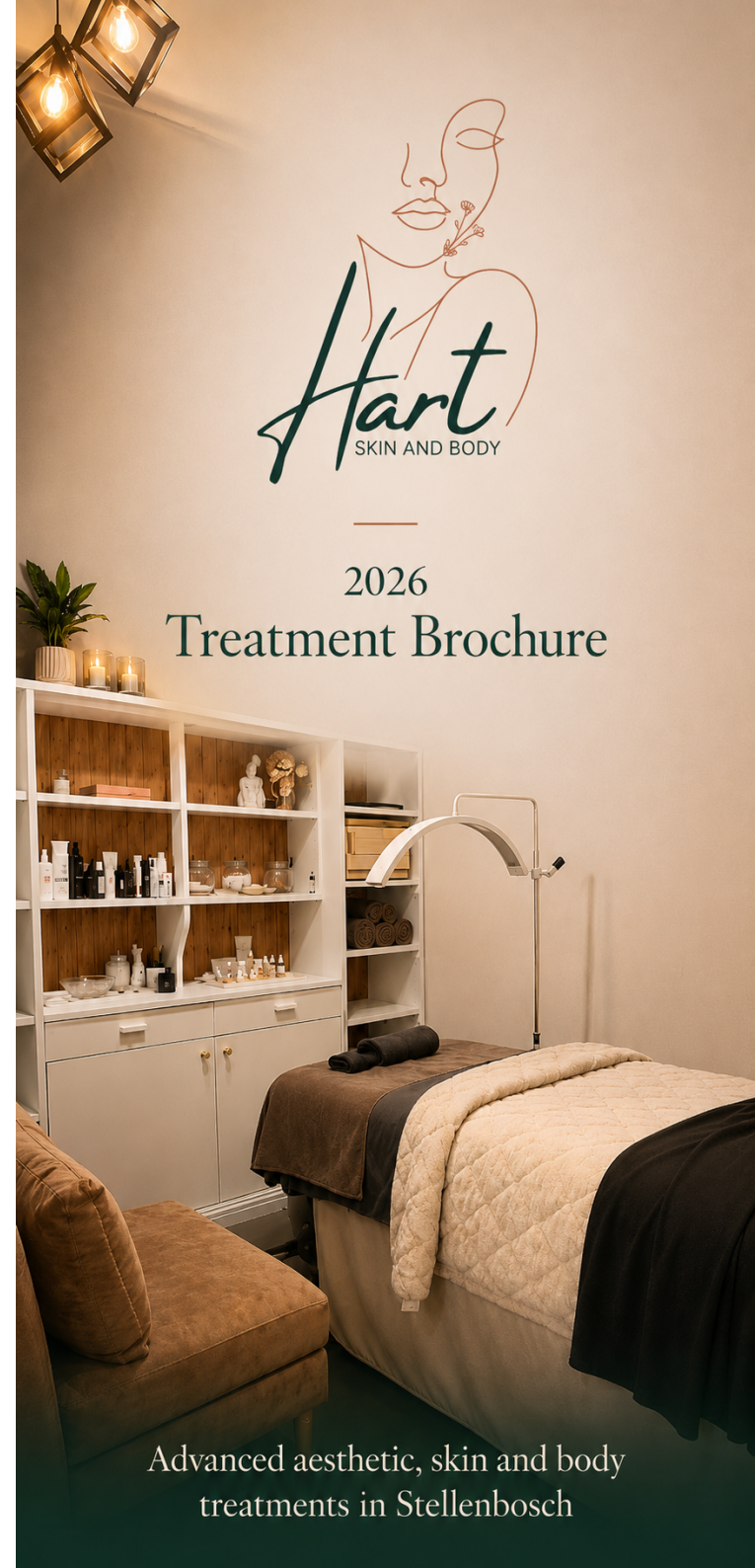
MICROCURRENT

Often called the non-surgical facelift, this treatment tones facial muscles, softens wrinkles, firms the skin, and enhances vibrancy while remaining deeply relaxing and completely downtime-free.



13D HIFU

An advanced high-intensity focused ultrasound treatment that targets the deeper structural layers of the skin to support lifting, firming and contouring. Our 13D HIFU technology helps stimulate collagen production, improve skin laxity and refine facial definition over time, with no surgery and minimal downtime.



2026

Treatment Brochure

Advanced aesthetic, skin and body
treatments in Stellenbosch



FACE TREATMENTS

ADVANCED DERMAFIT FACIAL SYSTEM

Intense AHA Layering Skin Treatment	R650 50 min
<i>- not for sensitive skin</i>	
Sensitive Skin Treatment	R590 50 min
<i>- Rosacea, reactive, post-treatment</i>	
Deep Cleanse / Hydration Skin Treatment	R590 50 min
Express Skin Treatment	R490 35 min

DERMAPLANING SKIN TREATMENT

Classic	R690 50 min
<i>- Dermaplane, Enzyme peel, LED/Mask, Serum & SPF</i>	
Express	R550 40 min
<i>- Dermaplane, Enzyme peel, Serum & SPF</i>	
Add-on To Other Skin Treatments	R190

CARBOXY FACIAL MASK SKIN TREATMENT

Classic	R870 45 min
Carboxy and Microcurrent Combo	R1350 75 min
Add-on To Other Skin Treatments	R450 20 min

CHEMICAL PEELS

Level 1: Gentle Renewal - GloPro	R580 30 min
Level 2: Skin Reset - DetoxPro	R650 30 min
Level 3: Targeted Correction	R950 30 min
<i>- ClarifyPro / MelanoPro</i>	
Level 4: Advanced Resurfacing	R1050 30 min
<i>- Jessner's Pro / TCA-Pro</i>	
Level 5: Cell Transformation - RetinPro	R1350 30 min
BioRepeel Biphasic Peel	R1550 35 min

SPICULE BIO-MICRONEEDLING THERAPY

Regeneration (Smart Healing) -	R950 40 min
<i>GHK-Cu Rehydrate 0.5% BioNeedling Spicule Treatment</i>	
Deep Correction (Core Spicule Therapy) -	R1350 45 min
<i>Green Bio Peel</i>	



ADVANCED MACHINE SKIN TREATMENTS

MICROCURRENT

Classic	R780 50 min
Express	R550 30 min
Area Add-on	R390
<i>Best sold in courses of 10-12</i>	

JET PLASMA

Face Only 45 Min	
1 Cycle (3 Sessions)	R4500
2 Cycles (6 Sessions)	R8500
3 Cycles (9 Sessions)	R11000

Face & Neck/Chest | 75 Min

1 Cycle (3 Sessions)	R5500
2 Cycles (6 Sessions)	R9600
3 Cycles (9 Sessions)	R12000

Standalone Session	R1750
Add-On	R1250
<i>2-3 cycles recommended</i>	

ENDERMOLOGIE FACE

Classic	R750 40 min
Express	R590 30 min
Add-On	R390

MICRONEEDLING

Face	R1450 75 min
Face, Neck & Chest	R1650

MESOSKIN INFUSION

Single Session	R999 45 min
Area Add-On	R450
<i>Best sold in courses of 6</i>	

BBL SKIN THERAPY

Acne Pigmentation	R1500
Vascular Rejuvenation	
Face, Neck & Chest	R1700
Add-On From	R400
<i>Best sold in courses of 5</i>	

HIFU - FACIAL LIFTING

Half Face	R3500
Neck Only	R4000
Face Only	R4500
Face & Neck	R6000
<i>2-3 sessions recommended with 3-monthly intervals per area</i>	

LESION / SPOT REMOVAL

Standalone from	R550
Add-on from	R290
<i>(time dependant)</i>	

GROOMING ESSENTIALS

WAXING:

Underarm	R135	Arm	R250	Lash Lift & Tint	R520
Half Leg	R240	Full Leg	R380	Add-On	R390
Standard Bikini	R230	Extended Bikini	R260	Eyebrow Tinting	R90
Brazilian	R320	Honeymoon	R380	Eyelash Tinting	R120
Buttocks	R250	Back/Chest	R350+	Brow & Lash Tint	R210
Brow/Lip/Chin	R115	Full Face	R415		



BODY SLIMMING & LASER

LPG BODY ENDERMOLOGIE

45 min Advance Contour	R580
35 min Lipo Massage	R450
15 min Fascia Massage	R285

PACKAGES

Essential Reset - Improve Circulation, Reduce Fluid Retention, Support Lymph	
<i>- 6 x 35 min Lipomassage R2550</i>	
Sculpt Programme - Improve skin texture, smooth appearance of cellulite	
<i>- 10 x 35 min Lipomassage R4350</i>	
Transform Programme - Target cellulite and stubborn areas, improve body contour and firmness	
<i>- 12 x 45 min Lipomassage R6950</i>	

DREAMWEIGH WRAP

Single Session	R780
6 Sessions	R4450
8 Sessions	R4950
12 Sessions	R6650

CAVITATION

Single Session	R550
6-session Package	R2900
10-session Package	R4500
Maintenance session	R450
Add-on To Other	R250
Slimming Programmes	

ARCTIC BLAZE DIODE HAIR REMOVAL LASER

LADIES (SINGLE SESSIONS)	GENTS (SINGLE SESSIONS)
Brows/Lip/Chin	Brows
Cheeks	Forehead
Lower Face	Beard
Full Face	Neck/Front&Back
Underarms	Shoulders
Half Arm	Underarms
Full Arm	Back
Stomach Line	Chest/Stomach
Bikini	Half Arm
Brazilian	Full Arm
Hollywood	Half Leg
Hollywood Extended	Full Leg
Buttocks	
Half Leg	
Full Leg	

Packages of 6 or more sessions enjoy -10% discount